

# CANTERBURY NURSERY SCHOOL AND CENTRE FOR CHILDREN AND FAMILIES



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## NEW NAME TO REFLECT MERGER

8<sup>th</sup> December 2005 was a historic day as the partnership working between Sure Start Canterbury and Canterbury Children's Centre culminated in the merger of the Board and Governing Body.

A new name has also been agreed by the Change Team who considered many wonderful suggestions from Staff and Parents, the one chosen, see above, reflects our work both as School and a Children's Centre. The merger means we have a wonderful staff team in place, with a range of skills and experience, delivering a range of services for Children under-5 and their Families right across Canterbury.

### WHAT'S IN THIS ISSUE:

PAGE 1 - PARENT'S SERVICES

PAGE 2 - CHILDREN'S SERVICES

PAGE 3 - COURSES AND GROUPS RUNNING IN  
THE CANTERBURY AREA

# PARENT'S SERVICES

## UPDATE ON GROUPS AND CLASSES

**NUMERACY CLASS** This is one of the new classes which began in October, where people are able to learn at their own pace and have the opportunity to work towards GCSE grade C in Maths. 13 people attend the class and already 3 people have completed an exam. Jodie says that the class allows her to get out of the house and learn something new at the same time. Alan has also promised to spread the word.

## **NVQ3 EARLY YEARS CARE AND EDUCATION COURSE**

This course began in February and is now coming to a close. 12 students will soon be qualified to work with young children. Already the students are looking to the future and at least one is going on to do teacher training.

**OTHER COURSES THAT HAVE TAKEN PLACE INCLUDE** LITERACY, ESOL, COPING WITH STRESS AND RELAXATION AND WORKING WITH CHILDREN LEVEL 1. There will be a computer class starting in the new year too. If you have any other idea's for courses please let Fiona and Karen at the Centre know!!

## TRIPS/VISITS

**THE FAMILY LEARNING CLASS** went on a trip to **Sundown Adventure Park** as a reward for their work during the family learning sessions.

**PARENTS FORUM HAVE ALSO ORGANISED THEIR ANNUAL SHOPPING TRIP TO HUDDERSFIELD.** This gave parents the opportunity to go somewhere different to do their Christmas shopping.

**THANKS ALSO TO DALE OUR CHAIR OF GOVERNORS FOR MAKING POSSIBLE THE FAMILY TRIP TO SHIPLEY GLEN TO SEE SANTA'S GROTTO AND RIDE ON THE TRAM.**

## HEALTH

**MIDWIFERY CLINIC STARTS 4<sup>TH</sup> JANUARY** and will run every Wednesday Morning. We are hoping to start a group to support people with breast feeding on Wednesday Mornings.

**HEALTHWISE CLASSES WILL BE RUNNING NEXT YEAR ON MONDAYS 1-2.30PM.** An Urdu/Punjabi interpreter has just started. Why not come along for exercise, relaxation and informal discussions.

**HEALTH CHECK UPS FOR ALL** - have your blood pressure, blood glucose, weight, body mass index taken. If anybody is feeling a bit low or fed up in the New Year help is available.

**DON'T CATCH ANYTHING YOU DON'T WANT TO THIS CHRISTMAS/NEW YEAR!!** Get your free condoms from Kate.  
**NOT CONFIDENT COOKING MEALS FOR THE FAMILY?** Or, would you like to learn a few new recipes? Join our fun cook and taste class starting in the New Year on Friday afternoons. Max. 8 in Group.

**BABY MASSAGE** can help with colic and sleeping, and is a relaxing thing to do. If you have a young baby this is lovely group to join.

**OUR FIRST PEER SUPPORT WORKERS** will be available from early February to support other women breast feeding..

If you are interest in doing the Peer Support Group course next year see Kate.

**OUR STOP SMOKING SERVICE IS NOW UP AND RUNNING.** Prescriptions for nicotine replacement therapy are available.  
**CONTACT KATE FOR HEALTH MATTERS**

## WHAT'S COMING UP!?

- **REU - STRENGTHENING FAMILIES AND STRENGTHENING COMMUNITIES** - this is a 12 week programme for parents. For further information see Jayne and Karen.

- **COMPUTER CLASS**

- **SOFT FURNISHINGS CLASS**

- **DANCE CLASSES WITH SOCIAL GROUP.**

- **ASIAN DRESSMAKING** - we are hoping to run this course in the near future too!

# CHILDREN'S SERVICES

## UPDATE ON NURSERY:

WORK IS CONTINUING ON ALL NURSERY OUTDOOR AREAS. AT PRESENT NURSERY 1 OUTDOOR AREA IS BEING LANDSCAPED - WITH NURSERY 2 AFTER CHRISTMAS.

**OUTDOOR PLAY IS VITAL IN ENSURING CHILDREN'S ALL ROUND DEVELOPMENT.**



We know that a child's mind and body develop together. That is why outdoor play is an important part of every session at nursery. Children need space and freedom to explore, create, discover, be active and learn. Also there are some things that can only be learnt outdoors!

## DO YOU NEED EXTRA TIME AT NURSERY FOR YOUR CHILD?

You may want to start paid work or attend training.

We can provide that time at a reasonable cost:

Any Day, Monday - Friday - 8-5pm  
Please call in for details

## TOOTH BRUSHING

Taking Care of your teeth starts early in life!!!

We are continuing to support children in cleaning their teeth after lunch and ensuring we provide healthy, low sugar snacks. Dentists advise cleaning teeth twice a day.

## BIN THE BOTTLE AND DITCH THE DUMMY DAY!

Fatema's daughter Batul and others came along and binned their bottles!!



## TRIPS/VISITS/VISITORS

Staff working with Artist Lou Samray have been on several visits to the Industrial Museum, children loved Murdoch the Horse and he came on a visit to the School!!

## WHAT'S COMING UP!?

### HELP TO DEVELOP YOUR CHILD'S LOVE OF BOOKS AND READING - JOIN OUR LIBRARY

FROM JANUARY 2006  
OUR LIBRARY SESSIONS  
WILL BE: DAYS:

Tuesdays and Fridays

TIMES: 9AM AND 12.30PM

## DO YOU WANT TO FIND OUT MORE ABOUT THE CURRICULUM AT NURSERY?

During the coming term we will be holding information sessions for parents.

You will have the opportunity to watch, listen and ask questions about what happens at Nursery and how you can support your child's learning.